



Intake Questionnaire

Client Information

Name: _____

Age: _____

Date of Birth: _____

Home Address: _____

City: _____

State: _____

Zip Code: _____

Home Phone: _____

Cell Phone: _____

Work Phone: _____

Email Address: _____

Permission to contact via email?

Yes No

How were you referred to our practice?

If referred via the internet, please specify the site:

Preferred voicemail message location:

Home Number Cell Number Work Number

Background Information

1. Where did you grow up?

Are your parents alive? Yes No

Are you in contact with them? Yes No

2. How many siblings do you have?

Please list their names, starting with the oldest, including yourself:

3. Which siblings are you currently in contact with?

4. Marital Status:

Single

Married

Divorced

In a Relationship

How many times have you been married or in long-term relationships?

Please list names of previous spouses/partners:

How many times have you been divorced/separated?

From whom?

5. Who is currently in your life?

6. What family members are you close to?

What family members are you distant from?

7. Do you have children? Yes No

How many?

Please list their names and ages, starting with the youngest:

Occupational and Religious Background

8. What is your occupation?

Employment Status:

Full-time

Part-time

9. What is your religion, if any?

10. What are your hobbies?

Support System and Mental Health History

11. Please list those in your support system:

12. Do you have a history of abuse? Yes No

What type of abuse have you experienced?

Physical

Verbal

Sexual

Neglect

Domestic

Emotional/Psychological

13. Are you currently in therapy? Yes No

If yes, please list your current therapist:

14. Have you had past therapy or psychiatric experiences? Yes No

If yes, please list the duration and names of all previous treatment practitioners/psychiatrists:

15. Are you currently under the care of a psychiatrist? Yes No

Are you currently on psychiatric medications?

16. Are you currently under the care of a medical doctor? Yes No

Are you currently on any medical medications?

17. Have you had any psychiatric hospitalizations? Yes No

If yes, please list all hospitalizations and duration:

18. Please list any medical hospitalizations:

19. Have you ever been arrested? Yes No

If yes, please list the reason:

20. Do you have any legal problems? Yes No

If yes, please list any legal issues:

Symptom Checklist

21. Please check any of the following symptoms that apply to you:

Compulsive behaviors

Anger

Anxiety

Depression

Mood swings

- Trauma
- Sleep disturbances
- Substance use (Alcohol, Drugs)
- Relationship problems
- Other (please specify): _____

Goals and Therapy

22. Please list any issues or problems not included in the checklist that you would like to address:

23. State the primary reason you are seeking therapy:

24. What goals would you like to achieve in therapy?

25. How long do you see yourself needing to achieve these goals?

- 1-3 months
- 3-6 months
- 6-12 months

26. Why are these goals important to you?

27. Additional comments to help identify problem areas:

28. Who else would you like to include in your treatment?

Signature

Thank you for taking the time to complete this form. Your information will remain confidential.

Client/Parent/Guardian Name (please print): _____

Signature of Client/Parent/Guardian: _____

Date: _____